



Overcoming Temptation

Part 3b: Lust of the Flesh

Luke 4:3-4

I. Review: Play Number One: “The Lust of the Flesh”

II. “The Lust of the Flesh”

A. Temptation: “The desire to fulfill a *legitimate* human need - in a way that is outside of God’s *will* or *timing*.”

B. #1 Lust of the Flesh: *Sexual Immorality*

1. Romans 1:22-27: It destroys the individual both *spiritually* and *physically*.
2. Romans 1:28-32: It destroys *families* which are the *foundation* of both society and the church.
3. I Corinthians 6:9-20: It destroys the *Temple* of God.

C. What do you do if you have succumbed to this, or any “Lust of the Flesh”?

1. John 3:20-21: Come to the *light*.
2. I John 1:5-10: *Walk* in, *believe* in, *confess* and *receive* God’s cleansing for your failure.
3. I John 2:1-5: “*Forwardslide*” - Begin seeking His Wisdom and Understanding - Obeying His commands, as He reveals them in Scripture.

III. How To Battle The “Lust of the Flesh”

A. _____, _____, _____, and _____
God’s Word daily:

1. Luke 4:4, Matthew 4:4; Deuteronomy 17:18-20; Psalm 119:9-16
2. The “Learning Pyramid: (Activity / Retention)
Hear: 5% * Read: 10% * Audio/Visual: 20%
Demonstration: 30% * Discussion Group: _____
Doing It: _____ * Teaching Others: _____

3. L * I * F * E
 - a. L _____
 - b. I _____
 - c. F _____
 - d. E _____

B. Avoid _____ in your life:

1. II Samuel 11:1-5; I Timothy 5:13
2. “_____ is the Dead Sea that swallows up all virtues.” Benjamin Franklin

C. _____ the stumbling blocks of temptation:

1. Matthew 5:27-30
2. Luke 17:1-2

D. _____ lustful thoughts _____!

1. Note: To have a lustful thought or desire at the door of our mind is _____. It is what we do with it that is the key!
2. II Corinthians 10:3-6
3. How do we practically do this?
 - a. By _____ our mind through daily feeding upon God’s Word.
 - b. By calling to our _____ the Promises of God! II Corinthians 4:17-24; James 1:21

E. Realize that _____ is a Fruit of the Spirit:

1. Galatians 5:16-26
2. Definition: The virtue of one who masters his _____ and _____, especially his _____ appetites. (Thayer)
3. We cultivate the Fruit of the Spirit as we take time to _____ in Christ (sit at His feet).
4. John 15:5: Yes, I am the vine; you are the branches. *Those who remain in Me and I in them*, will produce much fruit. *For apart from Me you can do nothing!*”