



WHO IS JESUS?

Jesus Is Our Rest

Hebrews Chapter 4

I. **Introduction:** There is a rest for the people of God!

A. Hebrews 4:1

B. Two key words:

1. Fear: In context – “seized with _____”
2. Rest: Cessation of motion or action; A state of _____ with God – Hence, a state of _____. Romans 5:1

C. The rest for the people of God is not found in an activity, nor the cessation of activity, but in a _____ (Jesus Christ).

II. Entering The Rest Of God: Establishing _____ With Jesus!

A. Intimacy requires _____: Hebrews 4:2-3

1. Mix: To comingle, become one. Hence, God’s Word, His promises, His presence, His Rest – only become a part of our life when we _____ them by faith!
2. The essence of faith is _____...the fountainhead of trust is _____. II Timothy 1:12

B. Intimacy requires _____:

1. “...and those to whom it was first preached did not enter because of disobedience...” Hebrews 4:4-6
2. True intimacy and rest flow from an obedient heart: Psalms 25:12-14; Deuteronomy 13:4

C. Intimacy requires _____:

1. “...Today if you hear His voice...”: Hebrews 4:7-8

2. Attentiveness is a call to both _____ and _____. It is hearing with both the mind and the spirit: Proverbs 3:5-6; James 1:5-6

D. Intimacy requires _____:

1. “...For he who has entered His rest has himself also ceased from his works as God did from His.” Hebrews 4:9-10
2. Release acknowledges that the battle is not ours’ - _____! Exodus 14:13-14; Zech. 4:6

E. Intimacy requires _____:

1. “...and is a discerner of the thoughts and the intents of the heart...” Hebrews 4:11-13
2. Two key word:
 - a. Thoughts: ponderings, _____ plans (Vines).
 - b. Intents: purposes, _____.
3. Intimacy is a call to transparency (true _____) with God. The more transparent we become, the more _____ we become. The more intimate we become, the more we enter into _____! Psalms 139:23-24; Psalms 51:6-12

F. Intimacy requires _____:

1. “...Let us therefore come boldly to the throne of grace...” Hebrews 4:14-16
2. Boldly: Openly, frankly, freedom of speech, without _____.
3. We can draw near without reservation because: Jm 4:8
 - a. He is our Great High Priest: I Timothy 2:5
 - b. He _____ our weaknesses (yet without sin): Psalms 103:14
 - c. He freely offers Mercy (_____ love) and Grace (_____ love) to all who come to Him in faith! **This is the rest of God!**