



## Gospel of Mark

### *The Power of the Sabbath*

### Mark 2:23 – 3:12

#### I. Introduction: The Fourth Commandment

A. Exodus 20:8-11

B. The History of the Sabbath:

1. Genesis 2:2: Instituted at \_\_\_\_\_.
2. Sabbath: Hebrew – to \_\_\_\_\_ from labor; Greek – to cease, desist.
3. The Sabbath and the Exodus: Deuteronomy 5:14-15
4. The 400 year period between Malachi and the birth of Jesus: *“It was between Ezra and the Christian era that the spirit of Jewish legalism flourished.”* (ISBE)

C. What Day should we observe the Sabbath on?

1. The Jewish observance of the Sabbath was on \_\_\_\_\_, the seventh day of the week: Exodus 20:9-10.
  - a. This observance was kept during Jesus’ ministry, and by His disciples.
  - b. Many infer from this that the church is in error in observing Sunday as our Sabbath.
2. Should Christians observe the Sabbath on Saturday or Sunday?
  - a. Jesus’ resurrection took place on the \_\_\_\_\_ day of the week (\_\_\_\_\_): Matthew 28:1; Mark 16:2; Luke 24:1; John 20:1)
  - b. Jesus, after His resurrection, manifested Himself to His disciples on the \_\_\_\_\_ day of the week: Matthew 28:9; Luke 24:34; 18-33; John 20:19-23)

- c. The observance of the “\_\_\_\_\_” (Sunday) was generally observed by the New Testament church (Acts 20:3-7; I Cor. 16:1-2).
- d. The Jerusalem Council did not correct or change this: Acts 15:28-29
- e. Paul taught against legalism with regard to the Sabbath: Colossians 2:16; Galatians 4:9-11

#### II. Jesus and The Sabbath: *How are we to observe the Sabbath?*

A. Jesus is \_\_\_\_\_ of the Sabbath: Mark 2:23-28

1. Jesus condemned the religious \_\_\_\_\_ of men.
2. Jesus calls them to return to God’s \_\_\_\_\_ for the Sabbath: Verse 27; 25-26

B. Jesus models the true purpose of the Sabbath: Mk 3:1-12

1. The Sabbath is a gift of \_\_\_\_\_ for man, not God:
  - a. God rested on the seventh day, and set the Sabbath apart for man, to be \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_.
  - b. Mark 2:27; Psalm 127:2; Hebrews 4:9-10
2. The Sabbath is a time to \_\_\_\_\_ to God, to worship, to enter into His presence, to recount the wonderful works of God: Mark 3:1
  - a. Isaiah 58:13-14
  - b. Revelation 1:10; Acts 20:7
3. The Sabbath is a time to \_\_\_\_\_ to \_\_\_\_\_, to extend the saving, healing, restoring hand of the Lord: Mark 3:4-5; Luke 4:16-19; I Corinthians 14:26
4. The Sabbath is a \_\_\_\_\_ of the Lord: Exodus 31:16; Matthew 5:17